## Performing Arts Centre

NAME	 Monthly Rate \$	PAC
	Second Child \$	

### BEGINNER CLASS SCHEDULE 2024 - 2025 SEASON Classes begin Tuesday, September 3, 2024

Our goal at the beginner level is to instill a passion and love for dance that will last a lifetime, while creating a strong foundation upon which a beautiful dancer will grow! PAC always has your child's best interest at heart when choosing age-appropriate music, costumes & movements. Welcome to PAC!

### PRE-SCHOOL 1 BALLET/TAP (Age 3 & 4)

### **BEGINNER 1 BALLET/TAP (AGE 4 - 6)**

- One-hour combination classes; usually 40 minutes in ballet shoes; 20 in tap shoes;
- Building major motor skills in a ballet setting;
- Classical, popular children's music, props & our imaginations;
- ❖ Tap is fun & develops rhythm and timing;
- ❖ All taught in a nurturing yet disciplined, positive environment.



PAC "TOTS" (AGE 2.5 - 3) One-hour combination class; about 20 minutes each of Ballet, Tap & Kindergym!



### SCHOOL-AGE BEGINNER 1 BALLET/TAP (Age 7 - Teen)

- One-hour combination classes; usually 40 minutes in ballet shoes; 20 in tap;
- ❖ Learning proper ballet technique and French terminology;
- Tap is included for rhythm & timing, Broadway style to Hoofin'.



### JAZZ (Age 7 & up)

- These ½ hour classes consist of warmup, body isolations, turns, leaps & basic jazz steps;
- ❖ From Broadway style to Contemporary to MTV to age appropriate music;
- Continuing your ballet training is a must to perform jazz steps correctly & safely.





### HIP HOP (Age Kindergarten & up)

- ❖ Skip Hop is for Kindergarteners through B4 level; Jr Hip Hop for AB1 & AB2 levels;
- ❖ PAC insists on age-appropriate music & movement for all Hip Hop levels.

### ACROBATICS (Age 5 & up)

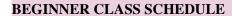
### KINDERGYM (Age 3 - 6)

- Kindergym is a half-hour class
- ❖ Basic acrobatic skills are taught as students develop back & core muscles;
- Pre-Acro to Acro 6 are 45 minute classes;
- ❖ Emphasis is on performing a few skills well rather than many done poorly;
- Advancement is based on the ability to perform skills with technique & class discipline.



### Welcome to our PAC Family!

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RM<sub>2</sub>

### AGE 2.5 - 3 "PAC TOTS" BALLET/TAP/KINDERGYM

PS-1	Wednesday	10:00 - 11:00 am	RM 3				
AGE 3 BALLET/TAP KINDERGYM AGE 3-6							
PS-1	Monday	6:00 - 7:00 pm	RM 3		Wednesday	5:00 - 5:30 pm	RM 3
PS-1	Wednesday	5:30 - 6:30 pm	RM 3				
PS-1	Saturday	9:30 - 10:30 am	RM 4				
AGE 4	AGE 4 BALLET/TAP KINDERGYM AGE 4-6						
PS-1	Monday	6:00 - 7:00 pm	RM 3		Wednesday	5:00 - 5:30 pm	RM 3
PS-1	Wednesday	5:30 - 6:30 pm	RM 3				
B-1	Tuesday	6:00 - 7:00 pm	RM 3				
B-1	Saturday	9:00 - 10:00 am	RM 3				
AGE 5 & 6 BALLET/TAP PRE-ACRO AGE 5-6							

### AGE 7 - Young Teen BALLET/TAP

Monday

Tuesday

Saturday

5:10 - 6:10 pm

6:00 - 7:00 pm

9:00 - 10:00 am

RM 4

RM 3

RM 3

### **ACROBATICS - ACRO 1 AGE 7 - Young Teen**

10:00 - 10:45 am

Saturday

SAB-1	Thursday	7:00 - 8:00 pm	RM 3	Monday	5:00 - 5:45 pm	RM 2
SAB-1	Saturday	11:00 am - 12:00	RM 3	Saturday	11:30 am - 12:15	RM 2

### AGE 7 - Young Teen JAZZ

B-1

B-1

B-1

### **HIP HOP AGE 7 - Young Teen**

SAB-1	Thursday	8:00 - 8:30 pm	RM 3	Saturday	12:00 - 12:30 pm	RM 3
SAB-1	Saturday	10:30 - 11:00 am	RM 4			

We are honored you have chosen to entrust your precious children to PAC! We will teach them to dance in a nurturing environment. Through dance, your child will make bonds of friendship to last a lifetime!

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### **CLASS UNIFORM FOR PS-1 & B-1 BALLET/TAP:**

Light Pink Leotard & Ballet Pink Footed Tights;	
Light Pink Ballet Shoes, Weissman W450;	
Black Patent Leather Tap Shoes, Weissman W2600;	
Optional Ballet Skirts must be either attached to a leotard or on a stretchy waistband; no ties; no tu	ıtus;
Hair: Neatly off the face and secured in a ponytail, bun or similar styles; Single Braid for Acro.	
SS UNIFORM FOR SAB-1 BALLET/TAP, JAZZ & HIP HOP:	
Royal Blue Leotard & Ballet Pink Footed Tights;	
Light Pink Ballet Shoes Capezio #2037;	
Weissman W700 Tap Shoes in Caramel;	
Optional Ballet Skirts;	
Capezio EJ2 Jazz Shoes in Caramel; If only taking jazz, you may wear Suntan Footed Tights;	
Clean Tennis Shoes for Hip Hop;	
Hair: Neatly off the face and secured in a ponytail, bun or similar styles;	
SS UNIFORM FOR ACRO:	
For Kindergym, wear your dance attire & ballet shoes;	
For Pre-Acro & up, wear either your dance attire OR a Biketard with Footless Suntan Tights. No	Shoes.
Hair neatly off the face in a braid.	J110CS,
Than hearly on the face in a braid.	

### **DANCE SUPPLIES:**

PAC has a limited supply of tights for emergencies! See your Tuition Rate Sheet for a list of retailers. Style numbers listed are for your convenience. A similar style may be worn.

Please put your dancer's name in everything!